

**REGENT UNIVERSITY  
DEPARTMENT OF COUNSELING MINISTRIES**

**LIFE COACHING PRACTICUM  
FREQUENTLY ASKED QUESTIONS**

- **APPLICATION:** The Application for Internship, Practicum, Externship or Field Placement is required for registration. The E-form application is found on the Graduate Student Forms page: <https://www.regent.edu/registrars-office/graduate-student-forms/>. Currently, a separate Application is required for EACH practicum course.
- **COACHING PLACEMENT:** Coaching hours can be earned at a formal site or through an informal experience. Formal sites can be a Coaching business, Church, or a Company that offers coaching service. Our [Site Database](#) lists some businesses that offer formal coaching opportunities. If students are interested in an informal coaching experience such as utilizing their own coaching practice or creating a coaching practicum experience by offering coaching services to family, friends, church members, and so on, this is also an option.
- **FOR FORMAL SITES:** Complete the Application and provide the Site and Site Supervisor contact information on the application.
- **FOR AN INFORMAL SITE EXPERIENCE:** If you do not have a formal site, but will be freelancing to earn coaching hours, please email Dr. Carletta Artis, Department Chair, to seek approval for her to serve as your Site Supervisor. Dr. Artis can be reached via Email at [cartis@regent.edu](mailto:cartis@regent.edu) or via Phone at [\(757\) 716-4325](tel:(757)716-4325).

- **REQUIRED COACHING HOURS:** Students complete the Life Coaching Practicum by enrolling in the following courses and earning a total of 130 Direct Coaching Hours:
  - HSC 580 & MHPS 680 = 50 hours required
  - HSC 581 & MHPS 681 = 80 hours required
  - Click here for course descriptions for [Spring 2024 – Summer 2024](#)
  
- **COURSE REGISTRATION:** The coaching practicum courses are offered over eight weeks and will be taken together in the same session. Start and End Dates for the practicum experience are the start and end dates of the courses. Refer to the [Academic Calendar](#) for start and end course dates.
  - Students must register for HSC 526/MHPS 626 before registering for HSC 580/680 and HSC 581/681.
  - HSC 526/MHPS 626 is offered in Fall Session A and Spring Session C.
  - HSC 580/MHPS 680 and HSC 581/MHPS 681 are offered in Fall Session B and Spring Session D.
  - The course schedule is provided below for your reference:
 

For MA student [Course Schedule](#)

For Ph.D. students [Course Schedule](#)
  
- **CERTIFICATION:** Students who complete the Life Coaching Concentration receive a Certificate of Life Coaching. In addition, our Life Coaching class and coaching practicum brings you a step closer to certification with the International Coaching Federation. The Coaching Practicums offer students an opportunity to earn hours and supervision that can be utilized towards ICF Certification.